For the windup position, the pitcher’s non-pivot foot shall be in any position on or behind a line extending through the front edge of the pitcher’s plate.
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For the set position, the pitcher shall have the ball in either his gloved hand or pitching hand.
Before starting his delivery, he shall stand with his entire non-pivot foot IN FRONT OF a line extending through the front edge of the pitcher’s plate.
His entire pivot foot must be in contact with or directly in front of and parallel to the pitcher’s plate.
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The illegal pitching position

Also known as the HYBRID position
This position does not meet the criteria for either the windup or set position.

The pivot foot is not entirely touching the plate for the set position.

If the pitcher sets in this position, when do you call it a balk?

As soon as he moves except to step backwards with his pivot foot.